

## Patching Therapy

This therapy is used for improvement of amblyopia, reduced vision, or strabismus, lazy eye, allowing the weaker eye to be used more so that vision or alignment of eye can be improved.

- Patch can be a pirate patch or an eyeglass cover that will go over the glasses



- Or an adhesive eye patch that will go over the lids prior to placing glasses on.



### Directions for patching therapy

Always have patient use glasses, patch eye that can see well and perform near visual activities such as computer, board game, puzzles etc while patching. We are attempting to give the weaker eye more visual attention. This will be difficult and possibly uncomfortable for the patient, therefore it will take time and patience for both the parent and child involved. Studies have shown 2 hours of patching is just as effective as 6 hours or patching. Please allow a total minimum of 2 hours of patching a day for 1 month. This can be spread out throughout the day if needed. After a month's time of patching, return to your eye care professional for an update on the patient's status.